

## Qualified MHDS Staff To Support Your Employment Goals



### CESP Certification

The CESP program is the first in the nation to create national guidelines to validate and support current field training practices. Certification only awarded to employment support professionals who demonstrate the skills requirements of the job.

### Trained Job Coaches

Prepared to assist persons who secure work in job training, instructional supports, learning strategies, natural learning & reinforcement. Also helps build natural supports at the work-site including co-workers. Works on strategies to develop socially expected behavior to enhance job success.

### Work Works Trained

Ready to help those with severe disabilities with job development & placement. Emphasis on outcomes, organizational culture, promoting choice and meaningful careers.

### Transportation To/From Services

MHDS uses only agency owned, maintained and insured vehicles. We have vehicles to meet the needs of every person we support including lift vans.

P O Box 11205  
Jackson TN 38308-0120



### Chase Your Dreams . . . Until You Achieve Them

If you want to pursue a life that you imagine for yourself, ECF Choices is for you. The program is built around personal awareness & determination to secure as much self directed independence as you can achieve.

As a provider agency, MHDS wants to help you develop your plan for reaching your goals.



## Employment & Community First (ECF) Choices

## Explore the Possibilities!

### Employment & Community First (ECF) Choices

Is administered by TennCare through its contracted managed care organizations (MCO's). ECF offers services to people with intellectual and developmental disabilities. Services will help people live as independently as possible in the community.

### Why MHDS As Your Provider Agency

We have invested 45+ years in improving the lives of West Tennesseans with intellectual and other disabilities. Our staff is sensitive to and places a priority on person-centered service delivery. We strive to be the standard in care for those we are privileged to support.

### For More Information or to apply for ECF Services

TennCare  
310 Great Circle Rd.  
Nashville, TN 37243  
1-800-342-3145  
Tenn.Care@tn.gov

<https://tn.gov/tenncare/topic/employment-and-community-first-choices>

### TO LEARN MORE ABOUT MHDS ECF SERVICE OPTIONS

MHDS Inc.  
P O Box 11205  
Jackson TN 38308-0120

Office: 731.664.0855 FAX: 731.668.2433

Email: [info@mhds.org](mailto:info@mhds.org) [www.mhds.org](http://www.mhds.org)  
Hours: Monday-Friday / 8 am - 4:30 pm



### ECF Employment Supports

Work and self-sufficiency go hand in hand. In addition to having increased financial freedom and personal opportunities, work gives a person a sense of self worth and purpose. When a person's choice is to work, we foster those skills and traits necessary to maximize their employability.

### Available Employment Supports

**Exploration** - helps you decide if you want to work and the jobs you're suited for  
**Discovery** - identifies the work you want to do  
**Situational Observation/Assessment** - try out certain jobs & learn skills you need  
**Job Development** - help creating a plan for community employment  
**Self Employment** - help creating a plan for starting your own business  
**Job Coaching** - supports to help you succeed  
**Benefits Counseling** - help to understand how the money you earn impacts other benefits



**Your Best Life  
Will Be Our Shared Goal!**

### ECF Residential & Other Supports

Being actively involved and comfortable being in your community is very rewarding. Independent living reflects accomplishment and self reliance in a way nothing else can. If your goals include developing the skills to be a vital part of your community, to live as independently as possible, we want to help you achieve them. Includes hands-on teaching, coaching, transportation & supports to further your goals of independence.

### Available Residential Supports

**Community Living Supports/CLS** - based on the needs of the person in an approved residential home within their community  
**Respite** - services while your caretaker is absent or needs a break from responsibilities

### Available Other Supports

**Community Integration Support Services** - facilitates meaningful relationships, friendships & social networks with persons without disabilities who have shared interests  
**Independent Living** - helps you explore & practice the skills and behaviors it will take to allow you to take care of yourself at home  
**Personal Assistance** - assists you with daily living activities at home, work & community  
**Supportive Home Care (SHC)** - support with daily living & personal needs to insure adequate functioning at home & community

