

Qualified Committed Staff



All staff provide Group & Individual PSR or Talk Therapy. They are current on trainings & certifications to ensure client care and safety.

P O Box 11205
Jackson TN 38308-0120



The PLACE

*Person centered Lives Advancing
with Community Empowerment*

Find Your Light



Intensive Out Patient (IOP) & Psycho-Social Rehabilitation Supports

Sometimes we all need a PLACE where we can work through the challenges life gives us. Please let The PLACE at MHDS help you find the light in your life.

Why MHDS

Since 1972, we have invested in improving the lives of West Tennesseans with intellectual (IDD), behavioral and other disabilities. Our staff is sensitive to and places a priority on person centered service delivery. We strive to be the standard in care for those we are privileged to support.

Intensive Out Patient (IOP) Groups:
 Sessions averaging 6 participants for 3-9 hours weekly for up to 20 weeks
 Topics may include but are not limited to:
 Grief Counseling
 Getting Along With Housemates
 Sexual Abuse
 Community Socialization
 Healthy Lifestyle (Nutrition & Exercise)
 Developing Coping Skills



Cutting Edge Technology
 We utilize learning and skills enhancing programs on our Smart Board to maximize knowledge & self confidence.



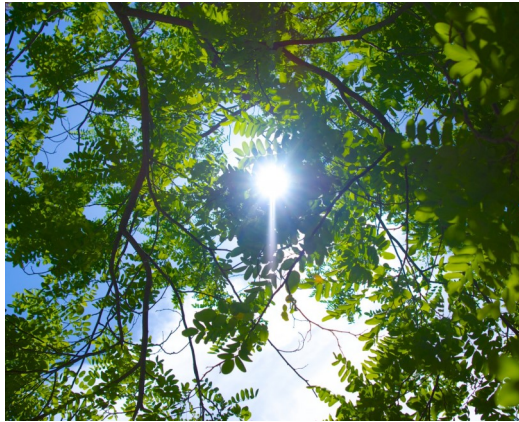
Person Centered
 Priority is on individual assessment to determine the sessions which will benefit you most.



MHDS
The PLACE
Person centered Lives Advancing with Community Empowerment

Program Centers Located In
 Jackson & Bolivar

Let Your Light Shine!



To Learn More About The PLACE:

MHDS, P O Box 11205
 Jackson TN 38308-0120
 Office: 731.664.0855 FAX: 731.668.2433
 Email: MHDS_general@mhds.org
www.mhds.org
 Hours: Monday-Friday / 8 am - 4:30 pm

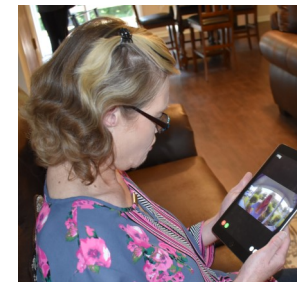
The PLACE is a Preferred Provider for ECF Choices & Choices services through your MCO assigned by



Psycho-Social Rehab Support Groups:
 Sessions averaging 6 participants
 Meets daily in community environment
 Focuses on strengthening individual social skills related to some behavioral issue
 Duration of participation is related to progress made toward individual goals.



The Apartment
 Is a fully livable space in our facility equipped with smart home technology. Goals are focused on independent living skills gains.



The Mandt System of Crisis Intervention Training
 Staff are trained and exclusively utilize this relationship based method to counter challenging behaviors to achieve positive outcomes.