



The PLACE

*Person centered Lives Advancing
with Community Empowerment*

Down Syndrome Supports



Emotional and Behavioral Therapies

Our qualified staff understand that aging persons with Down Syndrome face many physical and mental health changes. Management of mental health issues like depression, anxiety, obsessive compulsive disorder and other behavioral changes are services we offer.

MHDS has been meeting the needs of persons with IDD since 1972. We understand the multiple ways Down's manifests itself in each person we support.

What skills can we help with?

Services can include but are not limited to:

- Social Interactions
- Physical Activities
- Healthy Meals
- Technology
- Job Readiness (interviewing, finding jobs, etc.)

Please continue on other side.

Who is eligible?

Any person age 18+ is eligible for our services. We accept private insurance or TennCare. We also have private pay options we are happy to discuss.



Counties proudly served by MHDS:

Chester	Hardin	Madison
Decatur	Haywood	McNairy
Hardeman	Henderson	

Where to pick up an application:

53 Conrad Dr., Jackson TN 38305	731.664.0855
615 Moss Lane, Bolivar TN 38008	731.658.4404
1431 Peach St., Selmer TN 38375	731.645.9118

Downloadable forms available at www.mhds.org

For additional information/questions:

Deana Shephard, Director of Operations
Office: 731-984-6452
Cell: 731-433-9030
dshephard@mhds.org



Mental Health & Developmental Services

P O Box 11205

Jackson TN 38308-0120

Office: 731.664.0855 FAX: 731.668.2433

Email: info@mhds.org www.mhds.org

Hours: Monday-Friday / 8 am - 4:30 pm